

PREVIEW MENU | SUBJECT TO CHANGE

LUNCH

APPETIZER

shrimp

avocado, grapefruit, marie-louise sauce

*salmon rillettes

salmon spread, cucumber rosette

leek terrine, egg mimosa ✓

sauce verte, crème fraîche, assorted greens

warm duck-chicken liver patty

frisée lettuce, dijon mustard vinaigrette, croutons, tomatoes

SOUP & SALAD

velouté de champignons ✓

creamy mushroom soup

boston lettuce heart ✓

shallots, roquefort cheese, red wine vinaigrette

ENTRÉE

*salade niçoise

green beans, bell peppers, potatoes, eggs, greens, olives, vinaigrette
choice of grilled tuna | halibut | salmon

traditional croque-monsieur

baked triple decker sandwich, ham, cheese, mornay sauce,
mixed greens, french fries

ocean perch fillet

capers, butter, lemon, croutons, parsley potatoes

free-range chicken fricassée [446 / 13 / 4]

aged-champagne vinegar jus, pilaf rice, haricots verts

*grilled five-peppercorn beef hanger steak

brandy demi-glace, french fries, tomato provençal

breaded veal scaloppini piccata

caramelized pearl onion lemon sauce, celeriac

DESSERT

chocolate mousse dacquoise

apricot, passion fruit

orange-rhubarb tart

mango coulis

arroz con leche

cuban milk rice pudding

key lime pie 🍹

COUPE GLACÉE

vacherin

vanilla ice cream, raspberry sorbet, meringue, whipped cream

ICE CREAM & SORBET

vanilla | chocolate | plombières | raspberry 🍹

humphry slocombe after school special

passion fruit sorbet 🍹

VESSEL

MONTH ##, YEAR



DAILY SPECIALS

APPETIZER

*seared swordfish escabeche [145 / 11 / 4]

olives, peppers, onions, garlic, parsley, olive oil, vinegar

cuban chicken potato salad

green peas, apples, red peppers, mayonnaise

SOUP & SALAD

clam chowder

vegetables, potatoes

ensalada cubana 🍹 [159 / 10 / 1]

romaine lettuce, tomatoes, sweet onions, radishes,
lime-garlic vinaigrette

ENTRÉE

falafel power bowl 🍹 [430 / 25 / 12]

roasted vegetables, cucumber, cherry tomatoes, romaine lettuce,
green olives, capers, mint, parsley, lemon-tahini dressing

cuban sandwich

ham, roasted pork, cheese, mustard, pickles,
cuban bread, french fries, mariquitas

*shellfish bisque

shrimp, scallops, monkfish, mussels, calamari,
puff pastry fleuron

penne al pesto ✓

green beans, potatoes

ropa vieja

cuban-style shredded flank steak, black bean rice, fried plantain strips



TASTE OF THE WORLD

Our executive chef
invites you to enjoy the
FLAVORS OF CUBA

mariquitas

garlic salsa

chicken potato salad

*seared swordfish escabeche

croquetas de jamón

gambas al ajillo

potaje de frijoles negros

served as a main course
or sampler for two

AQUAMAR VITALITY CUISINE

Aquamar Spa + Vitality Center's healthy living choices
[calories / fat grams / fiber grams]

✓ lacto-ovo vegetarian | 🍹 plant-based | 🍹 no-sugar-added

Put yourself in our hands

Tell us about your likes, aversions & allergies